

## Patent Claims

1. A cholesterol-reducing agent comprising at least one dietary fiber and at least one cholesterol-reducing active ingredient, except for a combination of a) a dietary fiber and b) an aryl-substituted propanolamine derivative or 1,4-benzothiepine 1,1-dioxide derivative.
2. A cholesterol-reducing agent comprising at least one dietary fiber in a daily dose of from 1 to 50 g and at least one cholesterol-reducing active ingredient.
3. The agent as claimed in claim 1 or 2, wherein the dietary fiber is selected from one or more of the following substances: whole grain cereals, oat bran,  $\beta$ -glucan, rice bran, corn bran, barley, Psyllium, guar, carob beans, tragacanth, pectin, inulin, indigestible oligosaccharides, carob fruit flesh or a product isolated from carob fruit flesh, linseed, soy dietary fiber, soy bran, dextrins, arabinoxylans, arabinogalactans and levan.
4. The agent as claimed in claim 3, wherein the dietary fiber is carob fruit flesh or a product isolated from carob fruit flesh.
5. The agent as claimed in claim 3, wherein the dietary fiber is levan.
6. The agent as claimed in claim 4, wherein the dietary fiber is carob fiber.

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7. The agent as claimed in claim 6, wherein the dietary fiber is insoluble in water.
8. The agent as claimed in one of claims 1 to 7,  
5 wherein the active ingredient is selected from one or more of the following substances: statins, inhibitors of bile acid resorption, bile acid sequestrants, fibrates, nicotinic acid derivatives, phytosterols, plant stanols, cholesterol-reducing  
10 plant extracts, guglipid and soy protein-containing products.
9. A cholesterol-reducing combination preparation comprising at least one dietary fiber and at least  
15 one cholesterol-reducing active ingredient except for an aryl-substituted propanolamine derivative or 1,4-benzothiepine 1,1-dioxide derivative, in separate administration forms.
- 20 10. A cholesterol-reducing combination preparation comprising at least one dietary fiber in a daily dose of from 1 to 50 g and at least one cholesterol-reducing active ingredient in separate administration forms.
- 25 11. The cholesterol-reducing combination preparation as claimed in claim 9 or 10, wherein the dietary fiber is a food.
- 30 12. The cholesterol-reducing combination preparation as claimed in claim 9, 10 or 11, wherein the cholesterol-reducing active ingredient is a food or drug.

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13. A method for producing an agent as claimed in one of claims 1 to 8, wherein at least one dietary fiber and at least one cholesterol-reducing active ingredient are mixed with one another.
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14. The use of an agent as claimed in one of claims 1 to 8 for producing a drug.
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15. The use as claimed in claim 14 for producing a cholesterol-reducing drug.
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16. The use as claimed in claim 14 for producing a drug for the prophylaxis of hypercholesterolemia, hyperlipidemia or arteriosclerosis.
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17. The use of an agent as claimed in one of claims 1 to 8 for producing a food or a food ingredient.
18. The use as claimed in claim 17 for producing a cholesterol-reducing food or a food ingredient.
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19. The use of a combination preparation as claimed in claim 9 or 10 for producing a drug.
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20. The use as claimed in claim 19 for producing a cholesterol-reducing drug.
21. The use as claimed in claim 19 for producing a drug for the prophylaxis of hypercholesterolemia, hyperlipidemia or arteriosclerosis.
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22. The use of an agent as claimed in one of claims 1 to 8 in animal feeding.

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23. The use of an agent as claimed in one of claims 1 to 8 for producing a feedstuff.

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